

## 1. Patrick

Patrick was a white male who died aged 69 of Sarcopenia and Alcoholic Liver Disease. He was well known to services, including his GP, Social worker and domiciliary carers who visited three times a day.

Patrick often refused care from his carers and declined support for his alcohol use.

## 2. Key turning point

Following the death of his step-mum, it was noticed that Patrick gradually became less engaged with his carers. He also stopped going out into the community and enjoying his swimming; he also started drinking more.

His carers struggled to support Patrick during this time and requested a reassessment of his needs.

## 3. Support plans

Support plans for individuals such as Patrick should be clear about what the persons needs are, what they want to achieve, what they can do themselves and what they can do with the support they already have.

Support plans should always be reviewed and updated, with the person, when there are changes to circumstances or increased concerns.

## 7. Conclusion

As time progressed, Patrick was neglecting himself and this was impacting his health and wellbeing. He was not protecting himself and was unable to control his behaviour. Practitioners worked closely with Patrick; they showed consistency and persistence in their approach - they did not walk away from him.

You can read the full review [here](#).

## 6. Getting together

No agency called a Multi-disciplinary meeting to discuss the increased risks that were being identified. No agency has the whole picture.

The Self-neglect Guidance provides information on how to call a meeting and an agenda template to follow. You can find this [here](#)



## 4. Specialist Alcohol Services

Whilst Patrick declined support with his alcohol consumption, concerns continued to be raised about the increase in risk his alcohol use was having on his ability to take care of himself.

If someone refuses to accept support for themselves, Shropshire Recovery Partnership will support practitioners with advice and guidance on how to work with the individual.

## 5. Where was the source?

Patrick did not leave the house on his own; practitioners should therefore be considering how and where Patrick was getting his alcohol from.

When working with an individual who is alcohol dependant establishing, how they are accessing alcohol is an important way of identifying steps to support them and reduce harms.

# Patrick Safeguarding Adult Review March 2025

